STARTERS

Olives (v) Marinated olives drizzled with olive oil & served with pitta bread	2.95
Hummus (v) Chickpea puree drizzled with olive oil & served with pitta bread	2.95
Feta Cheese Rolls (v) Rolled filo pastry filled with feta cheese & parsley served with sweet chilli dip	3.45
Calamari Deep fried breaded calamari served with lemon & tartare sauce	4.95
Butterfly King Prawns Tail on butterfly king prawns coated in a light crispy breadcrumb, served with tartare sauce	4.95
Southern Fried Chicken Chicken strips in a 'Southern Fried' crispy coating, served with a sweet chilli dip	5.25
Mozzarella Sticks (v)	4.25

Mozarella cheese stick, coated in cruchy breadcrumbs

SALADS

Fresh, vibrant & tasty

Falafel & Hummus (v) Mixed leaves, shredded iceberg, cherry tomato, cucumber, carrots, red onions, hummus & falafel	7.15
Mediterranean Salad (v) Tomato, cucumber, peppers, red onion, halloumi, olives & topped with pomegranate dressing	7.65
Chicken Caesar Mixed leaves, shredded iceberg, croutons, parmesan & chicken	8.45
Seafood & Avocado Mixed leaves, shredded iceberg, cherry tomato, cucumber, carrots, prawns, tuna & avocado	8.95

PASTA

Our pastas are made fresh	
Penne Napoli (v) Classic penne with homemade tomato sauce	6.95
Penne Arrabiata (v)(h) Classic penne with garlic, chilli & homemade tomato sauce	6.95
Spaghetti Bolognese Spaghetti cooked with our signature Bolognese sauce and parmes	8.25 an
Penne Pollo Picante (h) Spicy harissa chicken in a creamy sauce with cherry tomatoes, baby spinach and parmesan	8.65
Chicken & Mushroom Penne Chicken & mushroom in a creamy garlic sauce with oregano & parmesan	8.65
Penne Carbonara	8.65

MEMHAS

MAINS

The main event

Mac and Cheese (v) With salad	8.35	Chicken Grill Grilled chicken breast served with rice & salad	9.85
Lasagne Classic meat lasagne served with chips & salad	8.95	Mexican Chicken (h) Grilled spicy chicken served with rice & salad	9.85
Chilli Con Carne Home-made chilli with beef on rice & salad	8.95	Lamb Chops Grilled lamb cutlets served with asparagus, cherry tomatoes & cl	10.15 hips
Chicken Curry Our signature chicken curry served with rice & salad	9.65	Sirloin Steak 21-day aged sirloin steak served with chips, cherry tomatoes &	13.15
Chicken Casserole Chicken slow cooked with vegetables & served with mash or rice & salad	9.45	asparagus Chicken Kebab Lean cubes of chicken breast marinated & grilled and served	10.35
Chicken Escalope Breaded chicken breast deep fried & served with chips & sala	9.45 d	with rice, salad, hummus dip & toasted pitta bread Kofte Kebab	10.35
Chicken Kiev Breaded chicken filled with garlic butter & served with chips & sa	9.45 lad	Minced ground meat mixed with herbs & grilled and served with rice, salad, hummus dip & toasted pitta bread	
Garlic Chicken Chicken fillet in garlic & herb marinade served with chips & salad	9.45	Mixed Grill Chicken kebab, kofte kebab & lamb chops and served with rice, salad, hummus dip & toasted pitta bread	12.45

WRAPS

Our wraps are served with chips & salad	
Halloumi Wrap (v) Grill cooked Halloumi cheese wrapped in tortilla with tomato, cucumber & mixed leaves	8.95
Falafel & Humus Wrap (v) Deep-fried falafels wrapped in tortilla with humus, lettuce & carrot.	8.95
Kofte Kebab Wrap Meatballs grilled and wrapped in tortilla with fried tomato & onions	9.45
Chicken Kebab Wrap Marinated chicken breast wrapped in tortilla with lettuce, tomato & garlic sauce	9.65
Mexican Chicken Wrap (h) Grilled spicy chicken wrapped in tortilla with lettuce & tomato	9.65
Peri-Peri Chicken Wrap (h) Grilled peri-peri chicken breast wrapped in tortilla with lettuce & red onion	9.65
Southern Fried Chicken Wrap Chicken strips, mixed leaf, lettuce, mayo	9.95

JACKET POTATO

Hot and hearty. Served with salad & coleslaw

Jacket potato I (vg)(v) Cheese or baked beans	6.95
Jacket potato 2 (vg)(v) Cheese & baked beans or tuna mayo	7.75
Jacket potato 3 (vg)(v) Chicken curry, bolognese or prawns in seafood sauce	8.45
Extra Fillings Cheese, baked beans, tuna mayo	1.65

FISH

Our fishes are prepared daily & served fresh

Scampi Battered scampi served with chips & salad	8.45
Calamari Battered squid rings served with chips & green leaf salad	8.95
Cod Traditional cod served with chips, salad & tartare sauce	8.95
Salmon Grilled salmon served with asparagus, courgettes, cherry tomato & creamy mash	10.45

Please advise us if you have dietary requirements, before you order. Allergy Advice: Our kitchen contains nuts and other allergens, food may contain traces of peanut or other nut products.

Bacon in a creamy carbonara sauce with parmesan

BRITISH CLASSICS

Chicken Nuggets Battered chicken nuggets served with chips & salad	7.75
Bangers & Mash 2 Cumberland sausages served on creamy mash, gravy & onions	8.25
Ham, 2 Eggs & Chips	8.45
Shepherd's Pie Homemade classic Shepherd's Pie with vegetables & gravy	8.95
Liver & Bacon Liver & bacon served with creamy mash, onions, pepper & gravy	8.95
Pie & Chips Chicken & Mushroom or Steak & Kidney served with chips & peas	8.25
Pork Chops Succulent pork chops served with mash & vegetables	9.15
Roast Dinner Beef or Chicken served with roast potatoes, vegetables & Yorkshire pudding	9.75
Gammon Steak Grilled gammon joint served with 2 eggs & chips	10.15

CLASSIC BURGERS

Cheeseburger	4.25	
Frankfurter Burger	4.95	Don't
King Size Burger	5.15	forget
Quarter Pounder	5.25	your chips
Chicken Steak Burger	5.25	+1.25
Extra Bacon (I rasher)	1.65	

GOURMET BURGERS

All our burgers are made fresh & served in a warm, light brioche bun with chips & onion rings

American Burger 6oz fresh beef patty with streaky bacon, lettuce, tomato, red onion, cheddar & pickle	9.45
Mem Has Chicken Burger Tender chicken breast, lettuce, mayo & sweet chilli	9.45
Peri-Peri Chicken Burger Marinated tender chicken breast, lettuce & mayo	9.45
Southern Fried Chicken Burger Chicken strips, mixed leaf, lettuce, mayo	9.45
Medi Chicken Burger Tender chicken breast, halloumi, lettuce & tomato	10.25



BREAKFASTS

Served with a slice of toast & English tea or Americano coffee. Only I substitution

Breakfast I Egg, 2 bacon, Cumberland sausage & beans	7.25
Breakfast 2 Egg, 2 bacon, Frankfurter, chips & beans	8.45
Breakfast 3 Egg, 2 bacon, Cumberland sausage, mushrooms & tomatoes	8.75
Breakfast 4 Egg, 2 bacon, Cumberland sausage, beans & chips	8.25
Breakfast 5 Egg, 2 bacon, Cumberland sausage, bubble & squeak, black pudding	8.75
Breakfast 6 Scrambled eggs, 2 bacon, Cumberland sausage, black pudding, chips & beans	9.45
Breakfast 7 Egg, 2 bacon, Cumberland sausage, mushrooms, hash browns & beans	9.25
Vegetarian Breakfast I (v) Egg, 2 veggie sausage, bubble & squeak, mushrooms & beans	8.35
Vegetarian Breakfast 2 (v) Poached egg, grilled halloumi, hash browns, tomatoes, beans & avocado	9.65
Mediterranean Breakfast 2 eggs, Sujuk, halloumi, feta cheese rolls, tomato & cucumber slices, olives	10.25

OMELETTES

Served with salad & chips

Plain Omelette (v)	6.45
Omelette I	7.95
Add 1 ingredient from the section below	
Omelette 2	8.95
Add 2 ingredients from the section below	
Omelette 3	9.95
Add 3 ingredients from the section below	
Grated Cheese Bacon Ham	

Chicken	Mushroom	Onion	
Spinach	Tomato	Peppers	
Mediterranean ome	lette (v)		8.45
Tomatoes, onions & peppers			
Spanish omelette (v)		8.75
Potato, tomato & onion	S		

BRUNCH

Served with an English breakfast tea or
Americano coffee. Only I substitution

Eggs Florentine (v) 2 poached eggs on toasted English muffin with sautéed spinach, cherry tomato & asparagus, drizzled with hollandaise sauce	8.75
Eggs Benedict 2 poached eggs on toasted English muffins with ham, cherry tomato & asparagus, drizzled with hollandaise sauce	8.95
Eggs Royale 2 poached eggs on toasted English muffin with smoked salmon & asparagus, drizzled with hollandaise sauce	9.45
Avocado Smash (v) Poached eggs on brown toast, avocado	9.45
American 2 Fried eggs on 3 home-made pancakes with streaky bacon, hash browns & mixed berry fruits, drizzled with maple syrup	9.45
The Sun Inn 2 poached eggs on toast with smoked salmon, avocado, mushrooms & asparagus	9.95
Mem Has Special 2 poached eggs on toasted English muffin with bacon, avocado & asparagus, drizzled with hollandaise sauce	9.95
Londoner Scrambled eggs, beef sausage, hash browns, burger, beans, home-made Belgian waffles & mixed berry fruits	9.95
Manhattan Home-made Belgian waffles served with 2 fried eggs, streaky bacon, sausage & beans	9.95

BREAKFAST EXTRAS

Personalise your plate with the following

Egg (v)	1.65	Asparagus (v)	1.75
Bacon	2.15	Grill Tomatoes (v)	1.65
Streaky Bacon	2.15	Plum Tomatoes (v)	1.65
Pork Sausage	1.65	Bubble & Squeak (v)	1.95
Beef Sausage	1.65	Onions (v)	1.35
Cumberland Sausage	1.85	Mushrooms (v)	1.85
Veggie Sausage (v)	1.65	Burger	2.35
Frankfurter	1.95	Ham	2.35
Sujuk	2.65	Liver	2.65
Beans (v)	1.35	Fries (v)	2.75
Black Pudding	1.45	Smoked Salmon	3.65
Hash Browns (v)	1.65	Halloumi (v)	3.65
Avocado (v)	2.65	Spinach (v)	2.25

SANDWICHES

Made fresh to order

6.95

O.

	HOT	R/S	В	
Egg		3.45	3.95	
Bacon		3.95	4.45	
Sausage		3.95	4.45	
Pork, Beef or Cumberla	nd Sausage			
Extra fillings		1.65	1.65	
(Egg, 1 Bacon, Pork, Bee Mushrooms, Tomatoes)	ef or Cumberland Sausage	e, Onions, Cł	neese,	
	COLD	R/S	В	
Cheddar Cheese (v)		4.75	5.25	
Tuna Mayo		5.45	5.95	
Bacon, Lettuce & To	mato	5.45	5.95	
Prawns in Seafood Sa	auce	5.45	5.95	
Chicken Salad			5.95	
Ham & Cheese			5.95	
Chicken, Bacon & Ma	ауо	5.95	6.45	
AND MORE				
S	erved with chips			
Fish Finger Sandwich			7.45	
Club Sandwich (Toas Chicken & bacon, lettuce			7.95	

ON TOAST

Breakfast Muffin

Egg, burger & cheese

Served with white, brown or granary toast

Toast with Jam or Marmalade (v)	2.95
Beans on Toast (v)	3.75
Cheese on Toast (v)	4.75
Eggs on Toast (v)	4.75
Fried, scrambled or poached	

SIDES

Chef's Salad (v)	2.95
Creamy Mashed Potato (v)	1.95
Fries (v)	2.65
Cheesy Chips (v)	4.15
Onion Rings (v)	2.25
Rice (v)	2.45

PANINIS

Served with salad or chips

Mozzarella, Tomato & Onion (v)	7.25
Tuna Melt	7.75
Tuna mayo, red onions & mozzarella	
Ham & Mozzarella	7.75
Bacon & Mozzarella	7.75
Club Alaturka	8.45
Sujuk, egg & mozzarella	

BAGELS

Served with salad or chips

Egg & Cheese (v)	5.95
Cumberland Sausage & Egg	6.25
Ham & Cheese	6.25
Salmon & Avocado	6.75
Salmon, avocado, cucumber & cream cheese	
Chicken & Avocado	6.75
Chicken, avocado, lettuce & mayo	
Roast Beef Melt	6.95
Roast beef, cheddar cheese, gherkins & mustard	

KIDS CHOICE

Kid's meals are served with a complimentary Robinson's fruit shoot. 12 years and under

Hamburger & Chips	
Chicken Nuggets & Chips	5.25
Fish Fingers & Chips	5.25
Cumberland sausage, McCain Smiles & Beans	
Home-made pancakes, Hash Brown & Scrambled Eggs	
Penne Napoli (v) Classic penne in tomato sauce	5.25

Tag and share your #MEMHAS experience! MEMHASUK