STARTERS

| Olives (v) Marinated olives drizzled with olive oil & served with pitta bread | 2.95 |
|---|------|
| Hummus (v) Chickpea puree drizzled with olive oil & served with pitta bread | 2.95 |
| Feta Cheese Rolls (v) Rolled filo pastry filled with feta cheese & parsley served with sweet chilli dip | 3.45 |
| Calamari Deep fried breaded calamari served with lemon & tartare sauce | 4.95 |
| Butterfly King Prawns Tail on butterfly king prawns coated in a light crispy breadcrumb, served with tartare sauce | 4.95 |
| Southern Fried Chicken Chicken strips in a 'Southern Fried' crispy coating, served with a sweet chilli dip | 5.25 |
| Mozzarella Sticks (v) | 4.25 |

Mozarella cheese stick, coated in cruchy breadcrumbs

SALADS

Fresh, vibrant & tasty

| Falafel & Hummus (v) Mixed leaves, shredded iceberg, cherry tomato, cucumber, carrots, red onions, hummus & falafel | 7.15 |
|--|------|
| Mediterranean Salad (v) Tomato, cucumber, peppers, red onion, halloumi, olives & topped with pomegranate dressing | 7.65 |
| Chicken Caesar Mixed leaves, shredded iceberg, croutons, parmesan & chicken | 8.45 |
| Seafood & Avocado Mixed leaves, shredded iceberg, cherry tomato, cucumber, carrots, prawns, tuna & avocado | 8.95 |

PASTA

| Our pastas are made fresh | |
|--|-------------------|
| Penne Napoli (v) Classic penne with homemade tomato sauce | 6.95 |
| Penne Arrabiata (v)(h) Classic penne with garlic, chilli & homemade tomato sauce | 6.95 |
| Spaghetti Bolognese Spaghetti cooked with our signature Bolognese sauce and parmes | 8.25 an |
| Penne Pollo Picante (h) Spicy harissa chicken in a creamy sauce with cherry tomatoes, baby spinach and parmesan | 8.65 |
| Chicken & Mushroom Penne Chicken & mushroom in a creamy garlic sauce with oregano & parmesan | 8.65 |
| Penne Carbonara | 8.65 |

MEMHAS

MAINS

The main event

| Mac and Cheese (v) With salad | 8.35 | Chicken Grill Grilled chicken breast served with rice & salad | 9.85 |
|---|--------------------|--|----------------------|
| Lasagne Classic meat lasagne served with chips & salad | 8.95 | Mexican Chicken (h) Grilled spicy chicken served with rice & salad | 9.85 |
| Chilli Con Carne Home-made chilli with beef on rice & salad | 8.95 | Lamb Chops Grilled lamb cutlets served with asparagus, cherry tomatoes & cl | 10.15 hips |
| Chicken Curry Our signature chicken curry served with rice & salad | 9.65 | Sirloin Steak 21-day aged sirloin steak served with chips, cherry tomatoes & | 13.15 |
| Chicken Casserole Chicken slow cooked with vegetables & served with mash or rice & salad | 9.45 | asparagus Chicken Kebab Lean cubes of chicken breast marinated & grilled and served | 10.35 |
| Chicken Escalope Breaded chicken breast deep fried & served with chips & sala | 9.45 d | with rice, salad, hummus dip & toasted pitta bread Kofte Kebab | 10.35 |
| Chicken Kiev Breaded chicken filled with garlic butter & served with chips & sa | 9.45 lad | Minced ground meat mixed with herbs & grilled and served with rice, salad, hummus dip & toasted pitta bread | |
| Garlic Chicken Chicken fillet in garlic & herb marinade served with chips & salad | 9.45 | Mixed Grill Chicken kebab, kofte kebab & lamb chops and served with rice, salad, hummus dip & toasted pitta bread | 12.45 |

WRAPS

| Our wraps are served with chips & salad | |
|---|------|
| Halloumi Wrap (v) Grill cooked Halloumi cheese wrapped in tortilla with tomato, cucumber & mixed leaves | 8.95 |
| Falafel & Humus Wrap (v) Deep-fried falafels wrapped in tortilla with humus, lettuce & carrot. | 8.95 |
| Kofte Kebab Wrap Meatballs grilled and wrapped in tortilla with fried tomato & onions | 9.45 |
| Chicken Kebab Wrap Marinated chicken breast wrapped in tortilla with lettuce, tomato & garlic sauce | 9.65 |
| Mexican Chicken Wrap (h) Grilled spicy chicken wrapped in tortilla with lettuce & tomato | 9.65 |
| Peri-Peri Chicken Wrap (h) Grilled peri-peri chicken breast wrapped in tortilla with lettuce & red onion | 9.65 |
| Southern Fried Chicken Wrap Chicken strips, mixed leaf, lettuce, mayo | 9.95 |
| | |

JACKET POTATO

Hot and hearty. Served with salad & coleslaw

| Jacket potato I (vg)(v) Cheese or baked beans | 6.95 |
|--|------|
| Jacket potato 2 (vg)(v) Cheese & baked beans or tuna mayo | 7.75 |
| Jacket potato 3 (vg)(v) Chicken curry, bolognese or prawns in seafood sauce | 8.45 |
| Extra Fillings Cheese, baked beans, tuna mayo | 1.65 |

FISH

Our fishes are prepared daily & served fresh

| Scampi Battered scampi served with chips & salad | 8.45 |
|---|-------|
| Calamari Battered squid rings served with chips & green leaf salad | 8.95 |
| Cod Traditional cod served with chips, salad & tartare sauce | 8.95 |
| Salmon Grilled salmon served with asparagus, courgettes, cherry tomato & creamy mash | 10.45 |

Please advise us if you have dietary requirements, before you order. Allergy Advice: Our kitchen contains nuts and other allergens, food may contain traces of peanut or other nut products.

Bacon in a creamy carbonara sauce with parmesan

BRITISH CLASSICS

| Chicken Nuggets Battered chicken nuggets served with chips & salad | 7.75 |
|--|-------|
| Bangers & Mash 2 Cumberland sausages served on creamy mash, gravy & onions | 8.25 |
| Ham, 2 Eggs & Chips | 8.45 |
| Shepherd's Pie Homemade classic Shepherd's Pie with vegetables & gravy | 8.95 |
| Liver & Bacon Liver & bacon served with creamy mash, onions, pepper & gravy | 8.95 |
| Pie & Chips Chicken & Mushroom or Steak & Kidney served with chips & peas | 8.25 |
| Pork Chops Succulent pork chops served with mash & vegetables | 9.15 |
| Roast Dinner Beef or Chicken served with roast potatoes, vegetables & Yorkshire pudding | 9.75 |
| Gammon Steak Grilled gammon joint served with 2 eggs & chips | 10.15 |

CLASSIC BURGERS

| Cheeseburger | 4.25 | |
|------------------------|------|---------------|
| Frankfurter Burger | 4.95 | Don't |
| King Size Burger | 5.15 | forget |
| Quarter Pounder | 5.25 | your chips |
| Chicken Steak Burger | 5.25 | +1.25 |
| Extra Bacon (I rasher) | 1.65 | |

GOURMET BURGERS

All our burgers are made fresh & served in a warm, light brioche bun with chips & onion rings

| American Burger 6oz fresh beef patty with streaky bacon, lettuce, tomato, red onion, cheddar & pickle | 9.45 |
|---|-------|
| Mem Has Chicken Burger Tender chicken breast, lettuce, mayo & sweet chilli | 9.45 |
| Peri-Peri Chicken Burger Marinated tender chicken breast, lettuce & mayo | 9.45 |
| Southern Fried Chicken Burger Chicken strips, mixed leaf, lettuce, mayo | 9.45 |
| Medi Chicken Burger Tender chicken breast, halloumi, lettuce & tomato | 10.25 |



BREAKFASTS

Served with a slice of toast & English tea or Americano coffee. Only I substitution

| Breakfast I Egg, 2 bacon, Cumberland sausage & beans | 7.25 |
|---|-------|
| Breakfast 2 Egg, 2 bacon, Frankfurter, chips & beans | 8.45 |
| Breakfast 3 Egg, 2 bacon, Cumberland sausage, mushrooms & tomatoes | 8.75 |
| Breakfast 4 Egg, 2 bacon, Cumberland sausage, beans & chips | 8.25 |
| Breakfast 5 Egg, 2 bacon, Cumberland sausage, bubble & squeak, black pudding | 8.75 |
| Breakfast 6 Scrambled eggs, 2 bacon, Cumberland sausage, black pudding, chips & beans | 9.45 |
| Breakfast 7 Egg, 2 bacon, Cumberland sausage, mushrooms, hash browns & beans | 9.25 |
| Vegetarian Breakfast I (v) Egg, 2 veggie sausage, bubble & squeak, mushrooms & beans | 8.35 |
| Vegetarian Breakfast 2 (v) Poached egg, grilled halloumi, hash browns, tomatoes, beans & avocado | 9.65 |
| Mediterranean Breakfast 2 eggs, Sujuk, halloumi, feta cheese rolls, tomato & cucumber slices, olives | 10.25 |

OMELETTES

Served with salad & chips

| Plain Omelette (v) | 6.45 |
|--|------|
| Omelette I | 7.95 |
| Add 1 ingredient from the section below | |
| Omelette 2 | 8.95 |
| Add 2 ingredients from the section below | |
| Omelette 3 | 9.95 |
| Add 3 ingredients from the section below | |
| | |
| Grated Cheese Bacon Ham | |

| Chicken | Mushroom | Onion | |
|----------------------------|-----------|---------|------|
| Spinach | Tomato | Peppers | |
| | | | |
| Mediterranean ome | lette (v) | | 8.45 |
| Tomatoes, onions & peppers | | | |
| Spanish omelette (v |) | | 8.75 |
| Potato, tomato & onion | S | | |

BRUNCH

| Served with an English breakfast tea or |
|---|
| Americano coffee. Only I substitution |

| Eggs Florentine (v) 2 poached eggs on toasted English muffin with sautéed spinach, cherry tomato & asparagus, drizzled with hollandaise sauce | 8.75 |
|---|------|
| Eggs Benedict 2 poached eggs on toasted English muffins with ham, cherry tomato & asparagus, drizzled with hollandaise sauce | 8.95 |
| Eggs Royale 2 poached eggs on toasted English muffin with smoked salmon & asparagus, drizzled with hollandaise sauce | 9.45 |
| Avocado Smash (v) Poached eggs on brown toast, avocado | 9.45 |
| American 2 Fried eggs on 3 home-made pancakes with streaky bacon, hash browns & mixed berry fruits, drizzled with maple syrup | 9.45 |
| The Sun Inn 2 poached eggs on toast with smoked salmon, avocado, mushrooms & asparagus | 9.95 |
| Mem Has Special 2 poached eggs on toasted English muffin with bacon, avocado & asparagus, drizzled with hollandaise sauce | 9.95 |
| Londoner Scrambled eggs, beef sausage, hash browns, burger, beans, home-made Belgian waffles & mixed berry fruits | 9.95 |
| Manhattan Home-made Belgian waffles served with 2 fried eggs, streaky bacon, sausage & beans | 9.95 |

BREAKFAST EXTRAS

Personalise your plate with the following

| Egg (v) | 1.65 | Asparagus (v) | 1.75 |
|--------------------|------|---------------------|------|
| Bacon | 2.15 | Grill Tomatoes (v) | 1.65 |
| Streaky Bacon | 2.15 | Plum Tomatoes (v) | 1.65 |
| Pork Sausage | 1.65 | Bubble & Squeak (v) | 1.95 |
| Beef Sausage | 1.65 | Onions (v) | 1.35 |
| Cumberland Sausage | 1.85 | Mushrooms (v) | 1.85 |
| Veggie Sausage (v) | 1.65 | Burger | 2.35 |
| Frankfurter | 1.95 | Ham | 2.35 |
| Sujuk | 2.65 | Liver | 2.65 |
| Beans (v) | 1.35 | Fries (v) | 2.75 |
| Black Pudding | 1.45 | Smoked Salmon | 3.65 |
| Hash Browns (v) | 1.65 | Halloumi (v) | 3.65 |
| Avocado (v) | 2.65 | Spinach (v) | 2.25 |

SANDWICHES

Made fresh to order

6.95

O.

| | HOT | R/S | В | |
|--|--------------------------|---------------|--------|--|
| Egg | | 3.45 | 3.95 | |
| Bacon | | 3.95 | 4.45 | |
| Sausage | | 3.95 | 4.45 | |
| Pork, Beef or Cumberla | nd Sausage | | | |
| Extra fillings | | 1.65 | 1.65 | |
| (Egg, 1 Bacon, Pork, Bee Mushrooms, Tomatoes) | ef or Cumberland Sausage | e, Onions, Cł | neese, | |
| | COLD | R/S | В | |
| Cheddar Cheese (v) | | 4.75 | 5.25 | |
| Tuna Mayo | | 5.45 | 5.95 | |
| Bacon, Lettuce & To | mato | 5.45 | 5.95 | |
| Prawns in Seafood Sa | auce | 5.45 | 5.95 | |
| Chicken Salad | | | 5.95 | |
| Ham & Cheese | | | 5.95 | |
| Chicken, Bacon & Ma | ауо | 5.95 | 6.45 | |
| AND MORE | | | | |
| S | erved with chips | | | |
| Fish Finger Sandwich | | | 7.45 | |
| Club Sandwich (Toas Chicken & bacon, lettuce | | | 7.95 | |

ON TOAST

Breakfast Muffin

Egg, burger & cheese

Served with white, brown or granary toast

| Toast with Jam or Marmalade (v) | 2.95 |
|---------------------------------|------|
| Beans on Toast (v) | 3.75 |
| Cheese on Toast (v) | 4.75 |
| Eggs on Toast (v) | 4.75 |
| Fried, scrambled or poached | |

SIDES

| Chef's Salad (v) | 2.95 |
|--------------------------|------|
| Creamy Mashed Potato (v) | 1.95 |
| Fries (v) | 2.65 |
| Cheesy Chips (v) | 4.15 |
| Onion Rings (v) | 2.25 |
| Rice (v) | 2.45 |

PANINIS

Served with salad or chips

| Mozzarella, Tomato & Onion (v) | 7.25 |
|------------------------------------|------|
| Tuna Melt | 7.75 |
| Tuna mayo, red onions & mozzarella | |
| Ham & Mozzarella | 7.75 |
| Bacon & Mozzarella | 7.75 |
| Club Alaturka | 8.45 |
| Sujuk, egg & mozzarella | |

BAGELS

Served with salad or chips

| Egg & Cheese (v) | 5.95 |
|--|------|
| Cumberland Sausage & Egg | 6.25 |
| Ham & Cheese | 6.25 |
| Salmon & Avocado | 6.75 |
| Salmon, avocado, cucumber & cream cheese | |
| Chicken & Avocado | 6.75 |
| Chicken, avocado, lettuce & mayo | |
| Roast Beef Melt | 6.95 |
| Roast beef, cheddar cheese, gherkins & mustard | |

KIDS CHOICE

Kid's meals are served with a complimentary Robinson's fruit shoot. 12 years and under

| Hamburger & Chips | |
|---|------|
| Chicken Nuggets & Chips | 5.25 |
| Fish Fingers & Chips | 5.25 |
| Cumberland sausage, McCain Smiles & Beans | |
| Home-made pancakes, Hash Brown & Scrambled Eggs | |
| Penne Napoli (v) Classic penne in tomato sauce | 5.25 |

Tag and share your #MEMHAS experience! MEMHASUK